

Note: Attempt all questions. Course outcomes(CO) of the subject are mentioned along with each question

1. Define personality. What is the nature of personality? Explain any one theory of personality development. **(8)** (CO1), (CO3)
 2. What is Self Esteem? What are the characteristics of people with high self Esteem and low self Esteem? What are the steps taken to improve self Esteem? **(6)** (CO2)
 3. Do your personal SWOT analysis and explain how you will bring about positive changes in yourself. **(6)** (CO3)
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